

SEPTEMBER 2010 MENU

Order Deadline

**Friday, September 10
Distribution Day**

**Saturday, September 18
9:15am -10:30am**

NEW!!! \$41.00

Bountiful Blessing Box

- 28 oz. Fully Cooked Pot Roast
(Pot Roast in Gravy with Red Wedge Potatoes, Carrots, Sliced Celery and Pearl Onions)
- 3 lb. (avg.) Family Tray Pack All Natural Split Chicken Breast
- 28 oz. Fully Cooked Broccoli, Rice and Chicken w/Cheese Dinner Entrée
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Center Cut Boneless Pork Chops (6 x 4 oz.)
- 1.5 lb. Breaded Chicken Breast Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. Crunchy Breaded Fish Wedges
- 1 lb. French Cut Green Beans
- 1 lb. Garden Peas
- 1 lb. Sliced Carrots
- 1 lb. Whole Kernel Corn
- 1 lb. Broccoli Florets
- 1 lb. Cauliflower Florets
- 24 oz. Natural Cut French Fries
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz. Pancake Mix
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct. Fried Apple Pie Sticks (2.75 oz. each)

Bit O' Blessing Box \$21.00

- 2.5 lb. IQF Chicken Breast OR 4.5 lb. Perdue Whole Chicken
- 28 oz. Fully Cooked Meat Loaf
- 12 in. Supreme Pizza
- 1 lb. Lean Ground Beef
- 2 lb. Fully Cooked Mashed Potatoes
- 6.5 oz. Skillet Meal
- 1 lb. Rice Dessert

Just 4 Me \$24.00

After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Chicken Fingers/Popcorn Chicken
- 1.5 lb. Mini Corn Dogs
- 16 oz. String Cheese
- 2 (3 oz.) Hot Dogs in Bun (individually wrapped)
- 2 (4.5 oz.) Mini Cheese Burgers (2 twin packs)
- 4 (4 oz.) Hot Pockets
- 2 (6.5 oz.) Pizza's
- 2 (1.58 oz.) White Castle Hamburgers (2 twin packs)
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

Bread of Life Signature Box \$31.00

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 3 lb. (avg.) Family Tray Pack All Natural Split Chicken Breast
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Center Cut Boneless Pork Chops (6 x 4 oz.)
- 1.5 lb. Breaded Chicken Breast Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. French Cut Green Beans
- 1 lb. Garden Peas
- 1 lb. Whole Kernel Corn
- 24 oz. Natural Cut French Fries
- 1 lb. Kidney Beans
- 1 lb. Rice
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz. Pancake Mix
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct. Fried Apple Pie Sticks (2.75 oz. each)

SEPTEMBER SPECIAL #1 \$25.00

- Steak Combo Box (5 lbs.)**
- 3 lb. T-Bone Steaks (4 x 12 oz.)
- 2 lb. New York Strip Steaks (4 x 8 oz.)

Fast & Flavorful Cuisine \$28.00

Convenience meals great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

- Roasted Chicken** with Red Wedge Potatoes, Lima Beans and a Carrot/Celery Blend
- Chicken Alfredo** with Fettuccini Noodles, Carrots and Broccoli
- Chicken Chow Mein** with Noodles, Green Beans and Cauliflower
- Chicken Teriyaki** with a Rice Blend, Carrots and Zucchini with Onions
- Sweet and Sour Chicken** with Rice, Okra with Onions and Carrots
- Salisbury Steak and Gravy** with Red Wedge Potatoes, a Green Pea/Carrot Blend, and

SEPTEMBER SPECIAL #2 \$22.00

Breaded Chicken Breast Nuggets (10 lb.)

- 10 lb. Breaded Chicken Breast Nuggets

SEPTEMBER SPECIAL #3 \$ 23.00

Premium Fresh Fruit and Veggie Box

- 3 lb. Idaho Potatoes
 - 3 lb. Sweet Potatoes
 - 3 lb. JonaMac Apples
 - 2 lb. Yellow Onions
 - 1 lb. Cello Carrots
 - 1 Head Cello Lettuce
 - 1 Head Green Cabbage
 - 1 Avocado
 - 1 Large Cantaloupe
 - 1 Golden Ripe Pineapple
 - 1 lb. Bag Kiwi
 - 4 Lemons
 - 4 Navel Oranges
 - 4 Pears
- AFM Fruit and Veggie Recipe Sheet

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality.
We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil

Angel Food Ministry Information

- No limit for units or specials.
- May order specials without or without purchase of standard box.
- Payment must be made at time of order: Cash, Check, Money Order, Debit, Credit, Food Stamps accepted.
- Make checks payable to Christ Wesleyan Church.
- No checks over \$100 accepted.
- Food delivered to CWC on a scheduled Saturday each month.
- Must pick up food during scheduled hours.
Food not picked up by 10:30am will be donated to charity.
- Bring large box or cooler for each unit ordered, to pick up food.

Order Deadline
Friday, September 10
Distribution Day
Saturday, September 18
****9:15am -10:30am****

TO PLACE AN ORDER: Cash, Check, Debit or Credit Card, Money Order, Food Stamps accepted. **Make Checks Payable to Christ Wesleyan Church** (not over \$100)

Mail your order & PAYMENT to Christ Wesleyan Church or come by the church office.

You may order online at: www.christwesleyan.org

If you would like a receipt, enclose a self-addressed/stamped envelope.

EBT card holders must come to the church office. Please call before you come.

If you have questions email cwcoffice@triadbiz.rr.com or call 336- 788-8813



ANGEL FOOD ORDER FORM

Order Deadline - Friday, September 10

Name _____

Phone _____

Email _____

EBT Card Holders

You need to come to the church office to place your order. Your signature is required on the Food Stamp Voucher. Please call before you come.

Distribution Day

Saturday, September 18

****9:15am - 10:30am****

You may order online at
www.ChristWesleyan.org

Order Month September

___ Bit O' Blessing x \$21 = _____

___ Just 4 Me x \$24 = _____

___ Signature Box x \$31 = _____

___ Bountiful Blessing x \$41 = _____

___ Fast & Flavorful x \$28 = _____

___ # 1 Special x \$25 = _____

___ # 2 Special x \$22 = _____

___ # 3 Special x \$23 = _____

TOTAL \$ _____

Method of Payment

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Cash | <input type="checkbox"/> Cash |
| <input type="checkbox"/> Food Stamps | <input type="checkbox"/> Debit Card |
| <input type="checkbox"/> Check (Under \$100) | |
| <input type="checkbox"/> Money Order | <input type="checkbox"/> Credit Card |